



Blue Plate express

# FEBRUARY LUNCH MENU

Meals meet USDA CACFP pattern requirements when a serving of milk is added to the meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Teriyaki chicken, rice, spinach salad, fruit cocktail	<b>2</b> Turkey & gravy, mashed potatoes, WW bread, peas & carrots peaches	<b>3</b> Beef Chili, corn-bread cucumbers, oranges
<b>6</b> Chicken nuggets, bread stick, with celery & apricots	<b>7</b> BBQ meatballs, rice, mixed vegetables, pears	<b>8</b> Soft chicken tacos, spinach salad, berry smoothie (includes cups)	<b>9</b> Beef stroganoff, noodles, corn & fresh pineapple	<b>10</b> Turkey sandwich, string cheese, salad, apples
<b>13</b> Tuna sandwich, provolone cheese, baby carrots & applesauce	<b>14</b> Cheese quesadilla, refried bean, green beans, mandarin oranges	<b>15</b> Mac & Cheese broccoli, fruit cocktail	<b>16</b> Swedish meatballs and rice peas & carrots, peaches	<b>17</b> Salmon noodle casserole, cucumbers, oranges
<b>20</b> Presidents Day	<b>21</b> Grilled cheese bagel, tomato soup, mixed vegetables, pears	<b>22</b> Teriyaki meatballs, rice, spinach salad, berry smoothie (includes cups)	<b>23</b> Sausage lasagna, corn, fresh pineapple	<b>24</b> Cheese pizza, cucumbers, oranges
<b>27</b> Chicken nuggets with bread stick, baby carrots & applesauce	<b>28</b> Lentils and Chicken BBQ baked, ww bread, green beans, mandarin oranges	<b>29</b> Beef and cheesy mac, broccoli, fruit cocktail		



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